



WINTER NEWSLETTER 2021  
FAMILIESFIRSTPBC.ORG

# FAMILY MATTERS

STRONGER FAMILIES  
STRONGER COMMUNITIES



## Announcing 2021 Families First Board Presidents

We are pleased to announce the 2021 Operations and Foundation Presidents, Dena Sisk Foman and Bao Nguyen. They have been essential to the growth of Families First for many years and look forward to enhancing the importance of our work in this community through their leadership and support. We also want to thank Domenick Macri and Raul Mercader for their service as past presidents.

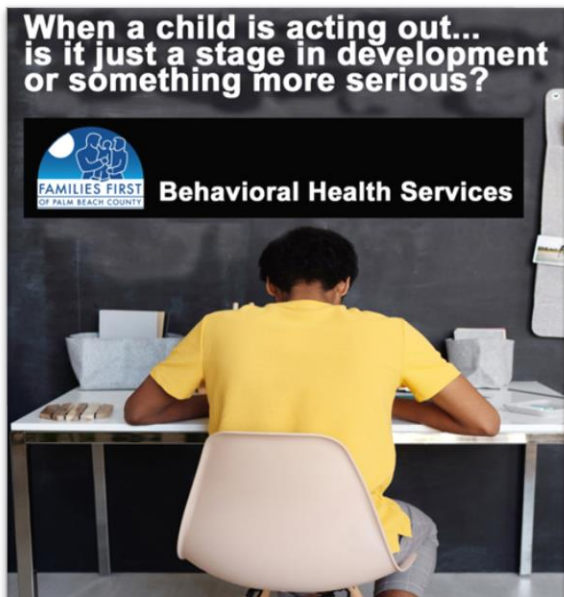
*"I am excited and honored to serve as the operations board president this year. I look forward to working with our staff, our board and the community in bringing the much-needed services to those we serve."* - Dena Sisk Foman, Esq., McLaughlin & Stern



*"I am honored and privileged... With the support of the board and many others involved in Family First, I hope we are able to bring more funding and awareness to the organization and continue to help the families in need."*

- Bao Nguyen, Principal, Kaufman Rossin

## PROGRAM SPOTLIGHT



Behavioral and mental health issues in children disrupt their ability to learn, to develop attachments and to thrive in their homes. Families First's **Behavioral Health Services Program** gives individualized care, comprehensive, family-driven services, and flexible treatment strategies for at-risk and high-risk children and their families across Palm Beach County. This allows the families to get the mental health services they need.

In September 2020, our therapists who co-located in schools returned to the schools and provided therapeutic services in the school and telehealth to students who virtually received their education.

**81.75%** of our students had a reduction in mental health symptoms and maintained school and home stability.

To learn more, visit our website at [FamiliesFirstPBC.org](http://FamiliesFirstPBC.org).

## CORPORATE DONOR SPOTLIGHT

Joel and Janelle Dowley, owners of Two Men & A Truck® recently received the 2020 Corporate Donor Award. As a member of the Families First Board of Directors for 11 years, Joel was a true champion for Families First.

Families First works with families whose lives have been impacted by trauma, poverty, and in many cases, abuse and neglect. Along with his wife, Janelle, they make it their mission to ensure our families receive assistance by offering their invaluable moving services. For 13 years, Two Men & A Truck® has provided free moving services to our families in need. They have moved our families across town and cities.

In addition, they continue to lend their services by picking up and delivering large quantities of food, clothing, other basic necessities and holiday gifts throughout the year.

We are honored to present Joel and Janelle Dowley, a friend and volunteer of Families First of Palm Beach County with the 2020 Corporate Donor Award for their loyalty, support and generosity.



Joel & Janelle Dowley  
**Two Men & A Truck®**

## COMMUNITY HIGHLIGHTS

### Supporting Community – Community Supporting



Interested in getting involved? Email Samantha at [SWhiteman@FamiliesFirstPBC.org](mailto:SWhiteman@FamiliesFirstPBC.org).