

# A NOTE FROM OUR CEO:

# **JULIE SWINDLER**

My Dear Friends and Community Partners,

Families First is a leader in providing outstanding services for families experiencing trauma, so children grow up in safe and loving homes. As we begin to adapt to the new "normal" surrounding Covid-19, Families First is at the forefront of this crisis in serving the most vulnerable in our community, and I wanted to reach out to you today to inform you that all Families First staff will be working throughout this crisis. Our Leadership and Board of Directors has enacted a plan to ensure staff can shelter in place and work remotely with clients and provide services through



Telehealth and other means available to the families we serve. Staff has also developed activities that parents can do with their children during this time of sheltering in place.

Our leadership and staff will continue to serve these families with the same level of commitment and expertise remotely as we do when we visit these families in their homes, schools and communities.

My thoughts and prayers are with all of us in the coming weeks, and I wish you all good health!

Warmest regards,



# **APRIL IS CHILD ABUSE PREVENTION MONTH**



### COVID-19 will harm children without giving them the virus...

They will be victims at the hands of frustrated parents whose coping methods may not be healthy. With children home and parents irritated... this is a recipe for disaster. We know this a very sad but true fact, and these families need **mental health services** and **interventions** now more than ever. You can help us help these families by joining us during April, **Child Abuse Prevention Month**.

Like the rest of the world, we are adapting our **Wear Denim to Work Day** to better reflect the current scenario unfolding.

As many of us adapt to working from home, we are fortunate to have loving families in secure households. Please consider making a donation and send us a picture of **YOUR** healthy family as we work together as a community to help those in need at this most critical time.

**DONATE TODAY** 

FamiliesFirstPBC.org

**IMPACT THE FUTURE** 

#### DONOR SPOTLIGHT



Dr. Rasmi Akel has been a donor and supporter of Families First for several years. He and his wife, Iveta, have created a wonderful business atmosphere centered around community awareness and social responsibility.

In January, Dr. Akel was presented with an award honoring the years of philanthropy and dedication to making our community a better place. Dr. Akel said, "Giving back to the community that we serve is our honor. This award is because of my staff and their willingness to give from their hearts and I'm proud to support them and Families First".

Dr. Akel is a General & Cosmetic Dentist at Big Smile Dentistry. He thrives on providing patients with confidence and uplifting self-esteem through improved oral health care. Each patient receives the personalized attention and the best possible treatment available to give his patients' healthy big smiles.

### **Donor Breakfast 2020**













## In the Community











