

2019

your impact



**FAMILIES FIRST**  
OF PALM BEACH COUNTY  
Stronger Families - Stronger Communities





## **30 Years and Counting . . . Oh, how YOU have helped us save families.**

2019 marked Families First of Palm Beach County's 30th year, which is a remarkable accomplishment for any nonprofit organization. We've remained and thrived because we have responded to the changing needs of families who have faced new sets of challenges over the years. And we've done so with fiscal responsibility while remaining true to our mission.

When new parents of a baby facing medical challenges needed direction finding services, we helped them. When families struggling with domestic violence, substance abuse, financial issues, mental health, crime, and other issues need help in keeping their children safe, we are there. When babies are at risk of being born HIV positive because of their mothers' risky behavior, we find those moms and get them medical care. When more and more grandparents are asked to change their lives to raise their grandchildren, we ease their load. And, when children's behaviors threaten their lives and relationships, we step in and help them change course.

We have so many firsts, so many accomplishments, all done with fiscal and organizational responsibility to celebrate, and we want to share just a few from the past 30 years.

## **You helped us touch the lives of more than 44,500 families and their children.**

Not every family is lucky enough to have the resources they need to be good parents, get medical or mental health services, raise grandchildren, or afford stable housing. Thousands have found those through Families First.

## **You made our community a more compassionate place.**

Through contributions of time, talent, and treasure, you've demonstrated your commitment to our mission.

## **You proved your commitment to our county's future.**

Your financial contributions to our annual events and your legacy giving empower us to continue to change thousands of lives for years to come.

Thank you for all you've done and continue to do to ensure our children thrive in Palm Beach County.

Sincerely,



Jonathan Maples  
President of the Board



Julie Swindler, LCSW  
Chief Executive Officer

**you made a difference...**



**1250**

**community members** who have taken part in Families First events, volunteered, and contributed financially.



**512**

**children in 2019** have remained out of the child welfare system because of Families First Programs.



**126**

**children in 2019** experienced no disruptions in their care with relative caregivers and did not enter the child welfare system.





**\$195,912**

a year **saved** by preventing HIV transmission to 9 infants who tested HIV negative.



**89.29%**

of families **successfully completed** an evidence-based program aimed at reducing the negative long-term developmental impact of stress and trauma on their infants and toddlers above the national average of 50%.



**\$53,827,072**

**saved in 2019** by children remaining with their families and out of the child welfare system.



**you**  
**transformed**  
**his life**  
**and so many more**





## YOU are saving so many lives

Ryan, from Delray Beach, is 17 years old. He coped with witnessing his father kill his mother and aunt before killing himself by isolating himself from everyone and everything. His life, and that of his younger siblings, was filled with violence, mental illness, and dysfunction. But it took on new dimensions that day. It left five children, including Ryan, without a mother and it left a grandmother grieving for two daughters and suddenly raising five grandchildren.

His grandmother now struggled to raise five traumatized children while coping with the loss of two daughters. She knew Ryan needed help. And, he got it when Families First stepped in.

We set about helping the grandmother with her grief and managing five children who couldn't get past theirs. We helped Ryan believe in himself again and move forward. He graduated from high school and plans to be the first in his family to graduate from college. And, most importantly, he's learned that this tragedy doesn't define him. He's learned to smile again.

# 279

**children with behavioral health issues** connected with Families First in 2019 and 87% have demonstrated a reduction in behavioral health symptoms, thriving at home and at school.

### How YOU are transforming lives

- Coaching parents so they can provide safe, loving homes to their children.
- Connecting grandparents and others, raising loved ones' children to resources they need in this new role.
- Intervening early with young children who face severe trauma so they can thrive physically, emotionally, and developmentally.
- Guiding high-risk and HIV+ women into prenatal care so they can give birth to healthy babies.
- Giving families with physical and emotional disabilities stable housing so they can regain independence and raise happy, healthy children.



**your  
community  
involvement  
makes it happen**










**you are caring  
for this family  
and so many more**





Manuel, at age 4 had already witnessed so much violence. He saw and heard his drunken father beating his mother so many times. His behavior showed its effects on him – he was violent toward his mother, ignored boundaries, and was aggressive toward all people. He was terrified of his own bedroom window because his father knocked on it trying to get in the house he was banned from entering, and his mother had pushed her children out the window on other occasions to protect them from their father.

In stepped Families First's Child First program. With intensive services for nineteen months, Manuel is now in a kindergarten class and has no current reported behavioral problems. The therapist helped Manuel face his fears, which included using books and drawings to help him express his feelings. Together the therapist, mother, and Manuel made a cardboard facsimile of the window and covered it with images of superheroes for protection. They put this copy in front of the real window, and Manuel slowly overcame his fears. Manuel has learned to be respectful of others and will ask permission to approach people. His attachment to his mother is more secure.

# 97.4%

**of children ages 0-5 who enrolled** in Child First did not have a DCF verified finding of maltreatment within 365 days of program discharge.

## How YOU are caring for families

- By building strong, loving, parent-child relationships that protect and heal the brain from trauma and stress.
- By promoting positive parent child attachment which results in the child feeling confident, safe, and secure.
- By preventing Adverse Childhood Experiences (ACES) through parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, social and emotional competence of children.

Research from the last several decades indicates that children suffering from toxic stress are at a higher risk for problems in their adult years, including an increased risk of serious health problems such as heart disease and asthma, a higher risk of substance abuse, and long term mental health conditions, including higher rates of anxiety and depression.

# revenue and expenses

A large group of people are seated at round tables in a banquet hall, viewed from behind. The tables are covered with white cloths and set with glassware, plates, and floral centerpieces. The chairs have a patterned backrest. The room is dimly lit, with warm light from wall sconces and large circular pendant lights. A stage with a large circular light fixture is visible in the background.

Reflects fiscal year ending September 30, 2019





## annual contributions and revenue

### Government Support

\$3,845,663

### Community Support

\$176,234

### Foundation Grants

\$613,201

### Other Support

\$142,055

### Fundraising Events

\$157,380

### Investments

\$38,870

### Total Revenue

**\$4,973,403**

## agency expenses

### Program Services

\$4,396,320

### Supporting Services

\$797,425

### Fundraising Events

\$38,508

### Total Expenses

**\$5,232,253**

Families First is audited by the independent CPA firm of Templeton & Company, LLP, which conducted its examination in accordance with Generally Accepted Auditing Standards and Government Auditing Standards. Templeton & Company, LLP, rendered an unmodified opinion that the financial statements are fairly stated in accordance with generally accepted accounting principles in the United States of America for the fiscal year ended September 30, 2019. If you want a copy of the audit or the 990, please feel free to contact the office at 561-721-2887.

# **fund**ers and contributors

A photograph of a woman with dark hair and a grey sweater sitting on a couch with a yellow pillow. She is holding a young child with curly hair and a pink shirt. They are both looking down at a book or paper on their lap, which features illustrations of bows. The woman is pointing at something on the page with her right hand. The child is also looking at the page. The background is a warm, out-of-focus indoor setting.

Reflects fiscal year ending September 30, 2019



## government and agency

Children's Services Council of Palm Beach County  
Department of Housing & Urban Development  
Florida Department of Health  
Heath Care District of Palm Beach County  
Palm Beach County Board of County Commissioners  
The Ounce of Prevention Fund of Florida  
Town of Palm Beach United Way  
United Way of Palm Beach County

## \$25,000 plus

Allegany Franciscan Ministries  
Bank of America Charitable Foundation  
Libra Foundation, Inc.  
Quantum Foundation  
Season to Share Fund, Inc. (c/o The Palm Beach Post)  
The Batchelor Foundation, Inc.  
The Hearst Foundations  
The Jim Moran Foundation  
The Mary Alice Fortin Foundation, Inc.

## \$10,000 to \$24,999

Children's Healthcare Charity, Inc.  
Itto Willits Charitable Foundation

## \$2,000 to \$4999

Sherry Borchert  
Haile, Shaw & Pfaffenberger, P.A.  
H.E. Hill Foundation  
Impact Landscaping & Irrigation, LLC  
Matrix Private Capital Group  
Michael & Sandra Fleming  
Florida Power & Light Company  
Jordan Goldman  
Pike & Lustig, LLP  
James & Cindy Nau  
Rehmann  
Eddie & Jo Ann Sears  
Two Men and a Truck, Palm Beach & Treasure Coast  
U.S. Bank Private Wealth Management  
Dr. Ofelia Utset & Dr. Tom Kodadek  
Rick & JoAnn Wagner  
Wycliffe Charities Foundation, Inc.

## \$5000 to \$9999

A Friend in Palm Beach Gardens  
BMO Harris Bank N.A.  
Boca Rio Foundation, Inc.  
Castle Group  
Peter & Julie Cummings  
Jeff & Frances Fisher  
Ibis Charities Foundation, Inc.  
Law Enforcement Trust Fund  
Miami Diaper Bank  
Scaife Family Foundation  
TD Bank Charitable Foundation

## \$500 to \$1,999

Banyan Cay Golf Club, LLC  
Michael & Michelle Borenstein  
Breton, Lynch, Eubanks, & Suarez-Murias, P.A.  
Nancy Brinker  
Don & Sally Chester  
Community Foundation for Palm Beach & Martin Counties  
Greg & Paula Cryan  
Jimmy T. Daughtridge  
EW Foundation  
GIVEGAB.COM  
Joseph & Nicole Floyd  
Ford & Harrison LLP  
Michael & Phyllis Gauger  
Steven & Nicole Grey  
Byrnes Guillaume  
Healthy Neighbors  
Gary & Alice Hodach  
Insurance Office of America  
Megan Johnson  
William Kramer  
Kaufman Rossin & Company  
Daniel & Dara Lustig  
Jon & Kristi Maples  
Penny Masur  
McLaughlin & Stern, LLP  
Eileen Minnick  
Mary Mitchell  
Network for Good  
Rose Novotny  
One Parking

Palm Beach County Food Bank  
Palm Beach Kennel Club  
George Iassonidis & Kristina Pantelides  
PNC Foundation  
Publix Supermarket Charities  
Pulte Group  
Quattlebaum Funeral Home  
Caroline Rafferty  
Monte & Sheri Resnick  
Palm Beach County Sheriff's Office  
Sandy Pines Hospital  
Schumacher Companies, LLC  
Schwab Charitable  
Searcy Denney Scarola Barnhart & Shipley  
Ted & Julie Swindler  
Templeton & Company  
The Law Offices of Byrnes Guillaume  
Toshiba Business Solutions  
Teresa Voorhees



"Anyone, at any age, can become a philanthropist and help Families First continue its much-needed work. All of us want to make an investment in the future of our community and leave a legacy. What better way is there than to contribute to an organization that focuses on prevention instead of financing the much greater costs of incarceration, school failure, continuous cycle of poverty, and generations of abuse and neglect? That is why my wife and I have made a legacy gift to Families First Foundation in our estate planning documents."

**Domenick V. Macri, Sr.**  
**Foundation Board President**



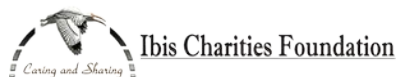


# pay it forward

- Contribute now or leave a legacy through planned giving.
- Take part or sponsor one of our outstanding events.
- Volunteer yourself or your organization to have a hands-on approach to giving back.



## funders



## corporate partners





## accreditations



## board of directors

Jon Maples, President  
Jennifer Chiarenza  
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Chief Deputy Michael Gauger, MSW  
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Judith Schumacher  
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Ofelia Utset, MD, MBA

## foundation board

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Jo Ann Sears, MSW  
JoAnn Wagner, CPA  
Pedro Zamora



## **FAMILIES FIRST**

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### **OF PALM BEACH COUNTY**

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**Stronger Families - Stronger Communities**

#### **WEST PALM BEACH OFFICE**

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**FamiliesFirstPBC.org**