



FAMILIES FIRST
OF PALM BEACH COUNTY
Stronger Families - Stronger Communities



2018 Impact Report



BUILDING ON FAMILIES' STRENGTHS

As Franklin D. Roosevelt said, “We may not be able to prepare the future for our children, but we can at least prepare our children for the future.” That means ensuring children are at their best physically, mentally and emotionally.



Families First is now in its 29th year of helping families do just that. While every parent may want the very best for their children, life circumstances sometime interfere. Some families face seemingly unsurmountable obstacles, such as domestic violence, poverty, homelessness, addiction, or physical or mental health issues. That’s where Families First comes in.



Families First helps families find and build on their strengths – giving them the tools they need to provide safe, nurturing homes for their children. We work with the whole family, recognizing that every child is part of a larger unit, and, when you help the family, you help the child flourish. Many times, all a family needs is a hand up to gain independence; other times, more intensive services are needed. We have, from the beginning, recognized that families know best what they need to be healthy and functional.



By responding to needs - health care, behavioral and mental health services, housing, child development education, and help for grandparents and others raising a loved one’s children – Families First continues on a path of prevention and early intervention. We have seen outstanding results among the 40,000 children and families we’ve served since opening our doors in 1990. Families remain intact, out of the criminal justice and dependence systems, children thrive in school and at home, and taxpayers save millions in costs for ongoing services.



“It is easier to build strong children than to repair broken adults.”

– Frederick Douglass, Statesman



OUR MISSION

To advance the well-being of children and families through high-quality programs in prevention, early intervention, child development, behavioral health, education and advocacy.

OUR VISION

To be a leader in providing outstanding programs and services for families so children grow up in safe and loving homes that lead to stronger families and stronger communities.



FAMILIES FIRST
OF PALM BEACH COUNTY
Stronger Families - Stronger Communities

ADDRESSING CHILDREN'S MENTAL HEALTH EARLY IS CRUCIAL



Julie Swindler, LCSW
Chief Executive Officer

Families First, through its 28 years of service to our families, has prided itself in responding to the changing needs of our community. So, when over the past decade we noted the fact that mental health and behavioral health issues have been clouding the lives of many children and their families, we knew we had to get even more involved. And we need to do so in a child's early years before behavioral or emerging mental health issues become a life-long challenge affecting school performance, family life, and relationships.

When a parent, teachers and others wonder whether a child's behavior is just a normal stage of development or something more serious, it is better to err on the side of caution and seek out an evaluation. Prevention remains the greatest alternative to future life failure, tragedy and costly lifelong services.

In all our programs and services, prevention and early intervention are our goals – both to minimize effects on the child and family and to save us all the future costs of poor outcomes, such as involvement with the criminal justice system, dependency system, school failure, and ongoing health and mental health issues.

While we agree that there needs to be an emphasis on mental health services in general, we continue to emphasize that the earlier the better. While the tragic headlines of school shootings prompt calls for more scrutiny of teens showing signs of aberrant behavior and recognizing those signs, many of those signs first appear even in early childhood. That's why we need to reach them in those early years.

So, four years ago, Families First added Behavioral Health to our services, employing highly skilled clinicians and working with other organizations in the community to identify children and their families most in need of these services. We work as part of a five-agency collaborative, as well as with Communities In Schools and Achievement Centers for Children and Families to change the life trajectory of children, beginning with the preschool years and continuing to age 22, as long as the child is in school. Our results to date show school performance and family dynamics improved, and the child's behavior gets high marks from teachers and families. All of this has an impact on the child's life trajectory – greatly increasing chances that it will lead to healthy and successful adulthood.

WE MUST UNDERSTAND THE POWER OF PREVENTION



Ofelia Utset, M.D.
Board President

As a physician, I understand the value of prevention, both in human and economic terms. I chose to join the board of Families First of Palm Beach County because I know that preventing or intervening early can make a world of difference to families. Families First of Palm Beach County is an organization that has been doing just that successfully for 28 years.

I joined this outstanding organization because I saw, and continue to see, the impact it has on the families it serves each year -- more than 40,000 children and their family members have been helped since Families First opened its doors in 1990.

Unquestionably, Families First's focus on prevention and early intervention not only helps families overcome incredible obstacles, but it saves a great deal of taxpayers' money. For example, taxpayers save up to \$105,131 for every child remaining with their family and out of the child welfare system.

Just as physicians must carefully examine the physical and mental health of patients to get to the root issues and work to heal them, Families First staff looks at each family's individual needs, addressing child abuse, housing, health and behavioral health issues. The end result? Families First helps families get back on their feet, become self-sufficient and able to provide happy, healthy, and loving homes where their children can thrive and grow up to become contributing members of our community. Families First of Palm Beach County creates stronger families and stronger communities.



OUR FOUNDATION BOARD PRESIDENT

WE WANT TO CONTINUE TO HELP FAMILIES BEAT THE ODDS!



Domenick Macri
Board President
Families First Foundation

Serving as president of the Families First Foundation, Inc. has given me another year to be a part of an incredible organization and listen to the success stories of families overcoming odds that few of us could imagine. Families begin to thrive with just a little hand up from the dedicated and talented Families First staff who believe in the resiliency of our county's most vulnerable. Our philosophy is a great one - build on each family's strengths, don't dwell on their weaknesses. Like all of us, every family we encounter through our programs wants the best possible life for their children. More importantly they hope to break the cycle of poverty, violence, child abuse, drug abuse, and crime, and grow to be happy, healthy, and self-sufficient adults.

Knowing Palm Beach County will always have families who need a hand up to provide safe, loving homes for their children, we sought a way to sustain Families First's programs for generations. To accomplish this goal, we knew that diversifying our funding sources would ensure no interruption in our services. We created the Families First Foundation knowing that our community understands the need for our services and to provide a financially independent and sustainable future for our programs.

The mission of the Families First Foundation is to cultivate financial resources dedicated to building stronger families and stronger communities through the organization's programs and services. Whether it is an outright gift, qualified charitable contribution from your IRA, bequest

in your estate plan, or pledged gifting plan, all of us want to make an investment in the future of our community and leave a legacy. What better way is there than to contribute to an organization that focuses on prevention instead of financing the much greater costs of incarceration, school failure, continuous cycle of poverty, and generations of abuse and neglect?



BOARDS OF DIRECTORS

Without Our Committed Boards, We Could Not Do This Work...

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Raul Mercader

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Philip M. Sprinkle II, Esq., Akerman LLP
Legal Counsel



A national evidence-based program aimed at reducing the negative, long-term developmental impact of stress and trauma on children.

In 2018, Families First served 101 children and 140 adults.

The program completed its third year of implementation and was successful in reaching 95% of its benchmarks. 79% of families enrolled in the program completed services and met treatment goals which are above the national average of 50%.



How could Delia bond with, or even want, the baby she was expecting when she had so many emotional and physical scars from the violence she endured from her parents and men in her life?

She had her first child when she was 17 and went to jail for a year after stabbing her baby's father in retaliation for his abuse. She was thrown out of public housing because of her son's criminal activities. That led to chronic homelessness, stealing food and prostitution. Now, at age 43, while jailed for those crimes, she discovered she was pregnant by a man who had abused

her so badly that she lost most of her teeth, leaving her face disfigured. The pregnancy and abusive relationship plunged her even deeper into darkness. After she was released from jail, she was couch surfing and worried because she felt no attachment with her unborn baby. Despite all this, she had sought prenatal care and knew she needed help. She was referred to the Child First team – a clinician and care coordinator – who helped her get into a shelter. Although Delia has an AA degree in dental hygiene, her dental and facial disfigurements prevented her from getting a job in that field.

With the birth of the baby looming, the Child First team made it a priority to help Delia learn to bond with the baby. Two months after connecting with Child First, her baby boy was born and she fell in love immediately, despite her months of concern about the lack of emotion she felt while pregnant. Since the shelter she was in did not take children, she spent nights in a truck, leaving the baby with a relative at night. This was a difficult, but short-lived process. The Child First team helped her find an apartment for herself and her baby.

The Child First team focused on supporting the bond between Delia and her infant son, providing developmental guidance, and helping the mother with child care and employment. With a return of hope and love for her new baby, Delia's stress level dropped and the Child First team saw that her attachment to, and positive relationship with, her baby continued to grow.

Her baby is healthy, achieving all of his developmental milestones, and Delia is on her way to breaking a cycle of abuse.

HEALTHY FAMILIES PALM BEACH

A nationally accredited program through Healthy Families America and an evidence-based child abuse prevention program.

In 2018, Families First served 341 families, including 737 children and 356 adults. 100% of the children identified as at risk were free from abuse/neglect one year after services ended. 98% of the children were free from abuse/neglect during service.

Juana and Raul haven't had an easy life. Raul is a farm laborer, working many hours to support his family and keep them in the ancient, deteriorating two-bedroom mobile home they share in Belle Glade. Despite all, they have taken great joy in their three children and had great dreams for their futures. But life became almost unbearable when two of their children were diagnosed with cerebral palsy.

Their son, Raul, Jr., now 12, was diagnosed with cerebral palsy at age 5. In 2017, Juana gave birth to Melanie and soon saw that her tiny daughter was not able to sit, hold toys, talk or do other age-appropriate activities. Doctors confirmed her worst fears – Melanie has all the symptoms of cerebral palsy as well. No one had told the family that cerebral palsy is hereditary and now they were doubly devastated.

Healthy Families staff stepped in, rolled up their sleeves, and quickly helped the family with needed services and emotional support. Juana has to drive to West Palm Beach from Belle Glade four times a week in an old vehicle that requires her to replace tires with used ones three or four times a year. Their ancient mobile home had roof leaks and the floor was rotting – difficult for any family to handle, but even more difficult when you must carry a growing son to bathe and clothe him. Juana slept on a couch near Raul Jr. who slept on a bed in the living room. At times, her husband slept on the couch, so she could get some rest. Recently, an organization was going to give her a special bed for Raul, Jr., but because of the size and condition of the home, it couldn't be accommodated.

Recognizing that a larger, wheelchair-accessible home would make life easier for the family, the Healthy Families staff submitted the family's story to *The Palm Beach Post* for its *Season To Share* holiday campaign. As a result of the outpouring of readers' contributions, Families First was able to purchase a new mobile home for the family and work began to make it accessible to the two children with disabilities. The family settled into their new home in November 2018.

Despite the daily challenges, Juana remains devoted to her children and regularly expresses that the love and affection her husband and children convey, gives her strength to face each challenge. And, of course, Healthy Families continues to be there for this family.



KIN SUPPORT PROJECT

A nationally accredited program through the Council on Accreditation guides relative caregivers raising a loved one's children in finding and accessing legal and other needed services. Its goal is to keep children out of the child welfare system.

In 2018, Families First served 54 families including 124 children and 62 adults. Families that remained in service, or were successfully closed did not result in foster care placement, a 100% success rate.



Darceil still sobs when she thinks back five years to when she divorced, lost her home, had no food for her children and no place to go. She began working two jobs, found a place to live and was struggling to care for her son and elderly mother. Then the call came from her mother. Darceil's daughter had dropped off her 1-year-old toddler and wasn't coming back. "I cried and was depressed for the first month. How was I going to work? How was I going

to be able to take care of the baby?"

But then, Darceil, 55, said, a miracle happened. She turned to the Legal Aid Society for help getting Medicaid for the baby, but an attorney there recognized that Darceil needed much more and referred her to Families First's Kin Support Project. A Family Service Coordinator assessed Darceil's most immediate needs – medical care, clothing, diapers, food, financial assistance, and child care – and guided her to resources to take care of those needs. Then she worked with Darceil on her longer-term needs – the emotional ones that were keeping her desperate and depressed, especially since Darceil was also caring for her elderly mother and a teen-age son. Because English is not Darceil's first language, Marcela Perez, the family service coordinator, helped Darceil fill out paperwork to get services she needed. She also ensured that she had access to food pantries, clothing closets, and got free school supplies for her granddaughter. Marcela even helped another daughter get psychiatric help when she suffered from severe post-partum depression.

In the four years since her granddaughter, now 5, came to live with her, Darceil said, Families First created miracles for her and her extended family. "They gave me confidence to do things for myself. She (Marcela Perez, the family service coordinator) made me into a strong woman. When you have confidence in yourself, you can do anything," she said.

"If you need help from them (Families First), they care. They do everything to make you feel like a human being. They've made me a strong woman and I love them," said Darceil through happy tears.

TARGETED OUTREACH FOR PREGNANT WOMEN ACT (TOPWA)

A street outreach program aimed at finding high-risk women and getting them services to prevent transmission of HIV/AIDS to their babies.

In 2018, Families First engaged 218 pregnant, high-risk women. Four HIV+ pregnant women were served, two of whom delivered babies who tested negative for HIV prior to six months. Since 1999, 100% of babies born to HIV+ mothers in our TOPWA program have tested negative for HIV.



Tammy was busy with two young children and pregnant with her third when her world came crashing down around her. Her husband, the family's only provider, was arrested and jailed. Unable to pay rent, Tammy and her two toddlers were facing homelessness. She sold all their belongings, including furniture and baby items in order to provide food and shelter for her growing family. It was, however, not enough and Tammy and her babies had to resort to living in their car for two months.

Feeling helpless and homeless, Tammy, 31, called homeless shelters and the Homeless Resource Center, but all were full. Just when she thought things would never get better and her concerns for her children grew, the Homeless Resource Center called offering her a two-bedroom apartment, which she took.

But Tammy knew her children needed more and she needed prenatal care. That's when she called the 211 HelpLine seeking basic living supplies and baby items and was referred to Families First. Through its unique Targeted Outreach for Pregnant Women (TOPWA) program, she talked with one of their outreach workers.

Immediately, it became clear to the outreach worker that Tammy needed much more than the basics. She quickly linked Tammy to a local obstetrician for prenatal care, equipped her with gift cards for groceries, diapers and clothing for her children, a bus pass for transportation and help accessing food pantries and WIC, which supplements nutritional needs for women, their infants and children under age 5. In anticipation of the coming birth, the worker also supplied her with a Pack & Play to ensure safe sleeping.

Shortly thereafter, Tammy delivered her third healthy baby boy via C-section. A now-hopeful Tammy wasted no time when she returned home. She was determined to make a future for herself and her three children. She found a job at a local restaurant which she was able to take because she was also given a voucher for child care. With new hope, she sees a bright future for her family and credits Families First for making it possible.

A nationally accredited program through the Council on Accreditation provides permanent, supportive housing for families in the western communities of Royal Palm Beach, Belle Glade and Pahokee facing health and mental health challenges that impair their ability to be self-sufficient.

In 2018, Families First served 10 families that included 11 children and 15 adults. 100% of the families maintained a safe and functional living space and permanent housing for the year. One family successfully exited permanent supportive housing in 2018.

Vanessa can tell you all about the “bad decisions” that led her to addiction, homelessness, legal issues, and the near loss of her young son to the dependency system. She admits that her upbringing was less than ideal with parents who were facing their own demons and were, therefore, “emotionally unavailable to me.” It left her alone and on her own to struggle into adulthood. She did so with drugs and alcohol, she said.



She had her son at 18. “Not knowing how to raise myself, I had to also learn how to be a mother,” she said. After many wrong choices and numerous drug rehab and jail visits, at 21, she found help through Families First’s Bridges To Success program.

Bridges To Success (BTS) provided her with stable housing, and, while she was grateful to have a home for herself and her then-2-year-old son, she had not yet come to terms with her addiction and continued a downward spiral. Vanessa felt helpless and hopeless, but the Bridges coordinator continued to try to help her. Finally, the coordinator had to make it clear to Vanessa that, without substance abuse treatment, she was in danger of losing her son, her home, her job, and, possibly, her freedom or life.

“It was the wake-up call I needed. Once I decided that I would go to treatment, the program coordinator had everything in place for me. Families First staff made arrangements, covered the cost of my treatment, care of my child during my absence and offered the security of being able to return to my apartment upon completion. I had no excuse to not go, my only job was to work on myself and get better.”

“I am now proud to say that I have three years sober and my life has just begun. The Families First program coordinator stood beside me as I cleared the wreckage that I had caused. Megan Johnson, the BTS coordinator, would show up at my court appearances for moral support as well as to advocate for me, she was there for me. Never did she make me feel ashamed of my past. She constantly reminded me of what great achievements I was making. She taught me things my parents had not been capable of teaching, and every young adult should know how to be a productive member of society such as, budgeting, what it takes to be a homeowner, how to be a parent.”

Vanessa is now working a full-time job and has dreams of completing her degree so she can work with others struggling with addiction. “If I can make it, then anyone can make it. Anything is possible!”

BEHAVIORAL HEALTH SERVICES

A nationally accredited program through the Council on Accreditation, provides individualized, comprehensive, family-driven mental health services for at-risk and high-risk children and their families across Palm Beach County.

In 2018, Families First served 142 families that included 240 children and 156 adults. 98% of children served improved their behavior at home; 95% improved their social emotional functioning both in the home and school settings; 95% improved in their behavior in school.



Keisha has always been an overachiever, expecting the most of herself academically and in all other areas of her life. The one area she was unable to control was how to handle the constant stress that was affecting her thinking and actions. When a teacher at her high school didn't respond to her questions, she showed her frustration. Not having the skills to cope with her stress, led to a confrontation with the teacher, which then led to police arriving and handcuffing her in front of her peers in the cafeteria. This added shame and embarrassment on top of the stress she was already experiencing.

She and her parents knew she couldn't return to that school where she feared being bullied. Her move to Riviera Beach Preparatory and Achievement Academy was the turning point in her life. While she loved being in smaller classes where she received more academic attention, she continued to feel stressed and bullied at the new school, so she agreed that she needed help.

Luckily, she had landed in one of the schools where Families First's Behavioral Health Services had a daily presence, working with students like Keisha. Through Patricia Goodrich, MSW, the Families First therapist on site, Keisha learned ways to recognize and deal with her frustration and anger in a positive way. She even mentored other students at the alternative high school who had been given a last chance to graduate. With her help, all of them did graduate.

In 2018, Keisha was the valedictorian of her graduating class, delivering a moving speech. She now attends Palm Beach State College, hoping to follow in her mother's footsteps as a nurse. And, Ms. Goodrich is proud of Keisha's accomplishments and those of the other students with whom she worked.

Of the students receiving therapeutic services through Families First, Ms. Goodrich was working with three, all of whom made the honor roll; two of whom became the first in their families to graduate from high school; and two who were chosen to attend Black History Month in Washington, D.C., as a result of essays they wrote.

"I am happy for these resilient students; they worked very hard to achieve what they did," said Ms. Goodrich.

FAMILIES FIRST CERTIFICATIONS

Providing social services is no longer the only mission of solid nonprofits. More and more, potential donors, foundations, and the public demand that nonprofits exhibit strong business practices as well. Families First of Palm Beach County has done just that.



The organization, now in its 29th year, voluntarily submitted to the rigorous evaluation of the Council On Accreditation. The Council is an international, independent, nonprofit, human service accrediting organization. Accreditation signifies that an organization or program is effectively managing its resources and providing the best possible services to all of its stakeholders. Through a grueling months-long process of self-examination and on-site inspection by a group of national experts, organizations are reviewed for business practices, standards, ethics, accountability and a host of other best practices. With its second accreditation expiring, Families First is now seeking its third accreditation from this organization that has evaluated more than 2,200 agencies nationally serving more than seven million individuals and families.



Families First has again received the highest rating with GuideStar which bases its ratings on a variety of indicators of sound business and financial practices. This national organization looks at how well nonprofits document and collect data, among other indicators of organizational well-being.



Additionally, Families First was the second organization in Palm Beach County to receive accreditation through Nonprofits First, a local evaluation organization that examines the business and financial practices of local nonprofits. This certification has been required by major local funders of organizations seeking their financial backing. Families First has continued to receive this accreditation each year.

FAMILIES FIRST...



Bank of America's Neighborhood Builders Leadership program included our CEO Julie Swindler and Clinical Director Andres Torrens



Healthy Families Graduation 2018



Children's Day Luncheon Honoring Julie Cummings. From left, Domenick Macri, Julie Cummings, Julie Swindler, Monte Resnick



Ibis Charities provided a grant for our TOPWA program



Rose Novotny, grant writer, and CEO Julie Swindler show off Great Charity Challenge check.



Denim Day at Perfect Smile Dentistry

FUNDERS & INVESTORS FOR FISCAL YEAR 10/1/17 – 9/30/18

GOVERNMENT & AGENCY

Children's Services Council of Palm Beach County
Department of Housing & Urban Development
Florida Department of Health
Health Care District of Palm Beach County
Palm Beach County Board of County Commissioners
The Ounce of Prevention Fund of Florida
Town of Palm Beach United Way
United Way of Palm Beach County

\$25,000 Plus

Allegany Franciscan Ministries
Bank of America Charitable Foundation
Great Charity Challenge
Libra Foundation
Mary Alice Fortin Foundation
Quantum Foundation
The Batchelor Foundation
The Jim Moran Foundation
The Lost Tree Village Charitable Foundation

\$10,000 to \$24,999

Community Foundation of Palm Beach
& Martin Counties
Conrad Hilton Foundation
Gochman Family Fund
Healthier Together Delray Beach
Itto Willits Charitable Foundation
The Walter & Adi Blum Foundation

\$5,000 to \$9,999

A Friend in Palm Beach Gardens
BMO Harris Bank N.A.
Castle Group
Children's Healthcare Charity, Inc.
Frances Fisher
Ibis Charities Foundation, Inc.
Jo Ann & Edward Sears
Law Enforcement Trust Fund
Merciful Heavens
Mike Moir, Little Moir's Leftovers, Inc.
Ofelia Utset & Tom Kodadek
Scaife Family Foundation
TD Bank Charitable Foundation

\$2,000 to \$4,999

CBIZ Insurance Services
Cindy & Jim Nau
Connie & Pedro Zamora
Florida Power & Light, Co.
H. E. Hill Foundation
Integrated Data Technologies
JoAnn L. Wagner, LKD Certified Public
Accountants & Consultants
JoAnn & Rick Wagner
McLaughlin & Stern, LLP
Mildred Hoyt, Inc.
NCCI Holdings, Inc.
One Parking
Pike & Lustig, LLP
Publix Super Markets Charities
Sandra & Michael Fleming
Sherry Borchert
Wycliffe Charities Foundation, Inc.



FUNDERS & INVESTORS FOR FISCAL YEAR 10/1/17 - 9/30/18

\$500 to \$1,999

AEC Trendsetters
Alice & Gary Hodach, Keller Williams
Arthur J. Gallagher Foundation
Breton, Lynch, Eubanks & Suarez-Murias, PA
Calamos Wealth Management
Charity Services PA
Cindy Anderson
Deborah & Christian Searcy
Eileen Minnick
Greg Cryan
Heather & Michael Floyd
Hermé de Wyman Miro –
The International Society of Palm Beach
IBERIABANK
Impact Landscaping & Irrigation LLC
Joanna & Ben Boynton
Julie & Ted Swindler
Keller, Keller & Caracuzzo
Kristi & Jon Maples
Laura & Jim Springer
Kaufman Rossin & Co.

Lansing & Hutcheon – UBS Financial Services
Mary & Tim Gavin
Michelle & Michael Borenstein
Palm Beach Community Bank
Palm Beach Kennel Club
Palm Beach County Sheriff's Office
Patricia Kent
Penny Masur Levy
Perfect Smile Dentistry
Phyllis & Michael Gauger
Roger Dean Chevrolet Stadium
Sandy Pines Hospital
Smiles for Life Foundation
Stonewood Grill
Suntrust Investment Services
Templeton & Company
The Education Foundation
Toshiba Business Solutions Florida
Tropical Financial Credit Union
Two Men and a Truck, Palm Beach & Treasure Coast
Venture Insurance Partners

\$250 to \$499

Ackerman, Link & Sartory P.A.
Charlotte Pelton & Associates, Inc.
Dara & Daniel Lustig
Frank Rodriguez
Gardens Dermatology
Gavin J. Badway
Joan Thiemann, P.A.
Loretta Neff

Morgan Stanley
Paragon Events, Inc.
Philip Sprinkle
Score at the Top
Searcy Denney Scarola Barnhart & Shipley
US Private Bank Wealth Management
Ward, Damon, Posner, Pheterson & Bleau
Wes Wiggins

FINANCIALS 10/1/17-9/30/18

SUMMARY BALANCE SHEET

	2018 Total	2017 Total
Assets		
Cash and Cash Equivalents	441,489	419,217
Investments	806,306	737,386
Other Current Assets	695,072	582,714
Non-Current Assets	106,702	99,911
Total	2,049,569	1,839,228
 Liabilities and Fund Balance		
Accounts Payable	231,014	162,824
Deferred Revenue	63,693	46,635
Net Assets	1,754,862	1,629,769
Total	2,049,569	1,839,228

SUMMARY STATEMENTS OF ACTIVITIES

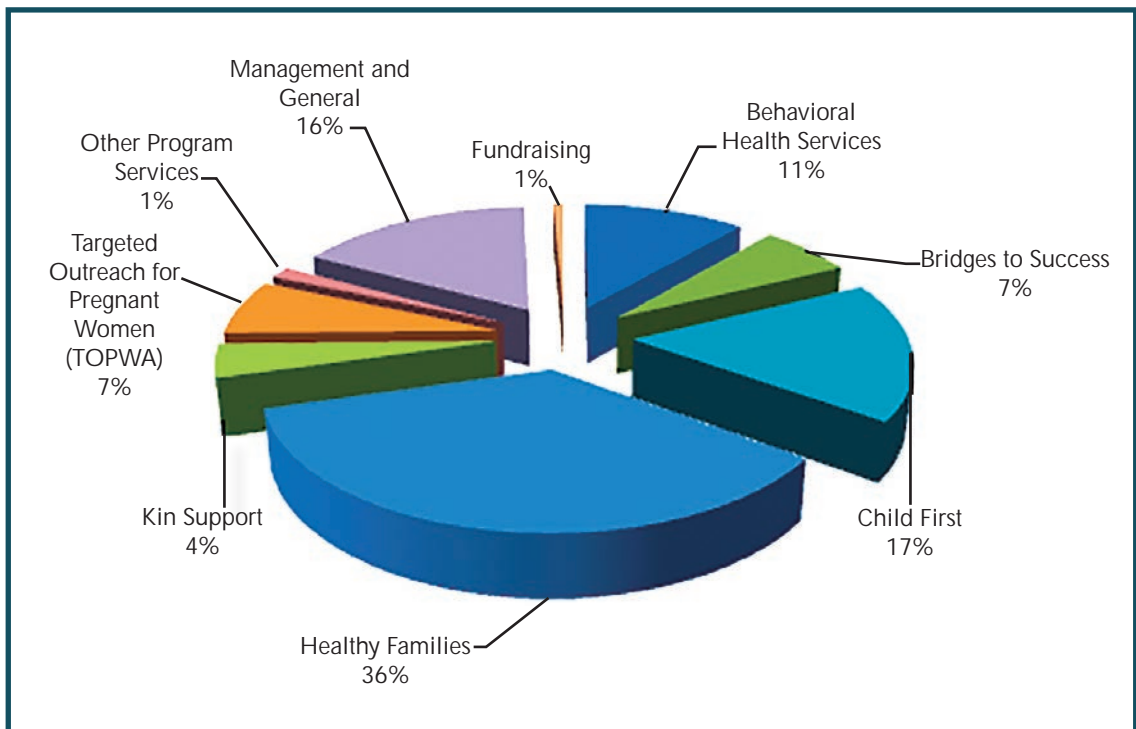
Revenue and Support		
Government	3,766,569	3,429,116
Community	189,877	183,375
Foundation Grants	610,106	565,454
Other	138,562	87,392
Fundraising	141,512	141,921
Investments	51,236	63,579
	4,897,862	4,470,837
 Expenses		
Program Services	3,958,252	3,582,679
Supporting Services	814,517	800,016
	4,772,769	4,382,695
Change in Net Assets	125,093	88,142

Families First is audited by the independent CPA firm of Templeton & Company, LLP which conducted its examination in accordance with Government Auditing Standards. Templeton & Company, LLP rendered an unqualified opinion (typically called a "clean opinion") on Families First's financial statements for the fiscal year ended September 30, 2018. Highlights of Families First's financial position and results of operations are presented here.

FINANCIALS 10/1/17-9/30/18

EXPENSES BY PROGRAM

Program Services	2018 Total	2017 Total
Behavioral Health Services	539,880	370,958
Bridges to Success	309,606	311,605
Child First	818,502	752,003
Healthy Families	1,702,220	1,631,210
Kin Support	195,765	192,175
Targeted Outreach for Pregnant Women (TOPWA)	323,558	324,285
Other Program Services	68,721	443
Management and General	782,985	756,391
Fundraising	31,532	43,625
Total	<u>4,772,769</u>	<u>4,382,695</u>



PLANNED GIVING

LEAVE A LEGACY OF LOVE



Since 1990, Families First of Palm Beach County has helped more than 40,000 children and their families.

While our successes are many, there will always be families that need a hand up in order to regain self-sufficiency. We will always have parents who face barriers and need guidance to provide the best for their children.

Our Families First of Palm Beach County Foundation was created in 2012 to help ensure that we can continue our successes. We need you to help us continue our work over the coming generations.

Families First of Palm Beach County Foundation, Inc. offers many ways to make it a beneficiary of your planned giving. You can designate a specific dollar amount, a percentage of your estate or residual remains of estate. You can also restrict the funds for a designated purpose or make the donation unrestricted so that it benefits the agency's area of greatest need at the time of the bequest.

The term "Planned Giving" refers to charitable gifts that require some planning before they are made. Whether it is through cash, stocks, bonds, paid-up life insurance, Individual Retirement Account, real estate, or other financial assets, the benefits of a planned gift are immeasurable - to both the donor and our foundation. They can provide the donor with valuable tax benefits and, in some cases, income for life.

See our website for a list of possibilities and benefits to you.
www.familiesfirstpbc.org

For more information on the Foundation, the organization, and planned giving opportunities, please contact Samantha Whiteman, Director of Development, at 561.318.4219.

FAMILIES FIRST ENDOWMENT

HELP US HELP FAMILIES . . . FOREVER

An Investment in the Future

Families First of Palm Beach County has an endowment fund with the Community Foundation for Palm Beach and Martin Counties. Building a long-term, revenue-producing permanent endowment is one of the best ways our nonprofit organization can ensure sustainability and build a stable financial future.

Our Nonprofit Endowment Fund:

- Protects our organization's endowed monies for future needs.
- Provides annual income, depending on market performance.
- Demonstrates a commitment to long-range financial planning.
- Provides a way for donors to give complex gifts such as stocks, life insurance or property.
- Increases investment yield, as agency endowments are pooled with the Community Foundation's other funds to provide maximum return and lower fees.



*Please consider a gift to the
Families First of Palm Beach County Endowment Fund
For more information, visit the Foundation's website at
www.familiesfirstpbc.org*

Community Foundation for Palm Beach & Martin Counties
The Community Foundation for Palm Beach and Martin Counties is one of Florida's largest community foundations. The nonprofit organization has provided nearly \$139 million in grants and scholarships over its 45-year history and hosts hundreds of charitable funds.



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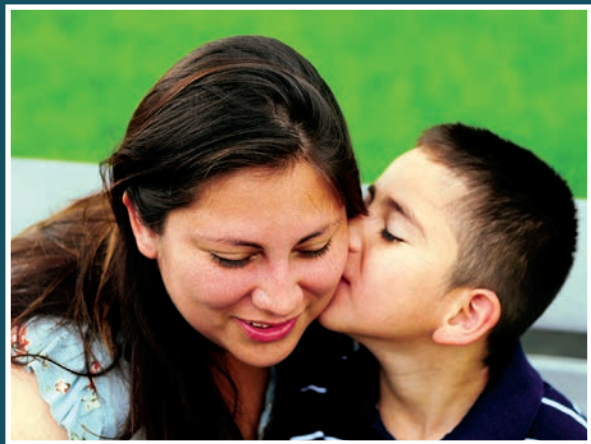


and... Our Funding Partners



“Affirming words from moms and dads are like light switches. Speak a word of affirmation at the right moment in a child’s life and it’s like lighting up a whole roomful of possibilities.”

– Gary Smalley



“The best inheritance a parent can give to his children is a few minutes of their time each day.” – M. Grundler



“Children are likely to live up to what you believe of them.”

– Lady Bird Johnson



**“We may not be able to
prepare the future for
our children, but we
can at least prepare our
children for the future.”**

– Franklin D. Roosevelt



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